***7th grade Global Learning Class - Keys to Middle School & High School Success***

***Ms. Shiangyun Wu***

# **Whitney High School – ext. 22331**

# **Room 11**

The Wheel Class has four components for four quarters. Each quarter is a separate grade. Health, Art, Global Learning, and Drama

**Title of the course:**

Keys to Middle School & High School Success

**Course Description:**

This course establishes a strong foundation for Whitney High School's 6-year program. Students will gain an understanding of middle and high school culture, learn how to utilize resources, support the development of interpersonal relationships, and focus on real-world applications as growing adults. Students will be guided through effective note-taking techniques, enhance study and test-taking strategies, and develop practical organizational skills for academic and personal success.

**Course Content:**

Unit I - Course Overview, School Overview & Resources

 Students will learn about opportunities to get involved, extend learning, and how to access available

 school resources for support.

Unit II - The Well Rounded Student, Goal-Setting

 Students will learn the importance of a balance of academics, mental, social, and emotional health.

 Students will establish short and long-term goals.

Unit III - Interpersonal Relationships

 Students will learn effective listening strategies and collaborative skills. Students will understand the

 qualities of effective relationships with parents, peers, and school staff.

Unit IV - Organization, Time Management, Prioritization

 Students will take account of personal time management, establish effective systems of organization

 and learn how to prioritize tasks.

Unit V - Note-Taking Skills

 Students will be guided through a variety of note-taking systems and will begin to identify a personal

 note-taking system.

Unit VI - Study Skills & Test-taking Strategies

 Students will learn effective study strategies: adding to notes, reviewing materials, individual vs. group

 studying. Students will learn effective strategies to be successful before and during tests and how to

 access supports post-test.

Unit VII - Public Speaking

 Students will learn the keys to successful public speaking and gain confidence through a series of

 exercises, activities, and oral presentation opportunities.

**Materials:**

Textbook - The 7 Habits of Highly Effective Teens

e-Book: [http://www.seancovey.com/books/7habits/#](http://www.seancovey.com/books/7habits/)

To help you have a successful quarter, please keep in mind the following few things:

1. You need to be present and on time to class. Try to avoid being tardy: there are consequences. Please see the Whitney Student Handbook for more details.
2. You must be prepared for class. You will bring the following items every day:

 Whitney Handbook/Calendar (or day planner)

 **3-ring binder to keep handouts and paper (may be one from another class)**

 college ruled 3 hole punch paper, pens, pencils, eraser, hi-lighter, a pencil case and

 WHS School ID

 *optional:*

 *white-out, colored pencils*

1. Please be respectful of class time and students around you. Gum chewing, eating, reading magazines, personal grooming, playing cards or games, (including calculators), note writing, beepers, cell phones, game boys, headphones, ipods, cell phones, and other general disturbances or new electronics are **not permitted**. *You will not need to bring your own devise, if we use computers, we will go to the MAC Lab or use the portable chrome books.*

***Cell Phone and ipod / iphone Classroom Policy Any cell phone,* heard or seen inside the classroom*, or any ipod in one (or two) ears will result in a detention for breaking classroom rules. This is a time to focus on health, not technology.***

1. Gum / Food / Candy and Drinks are not allowed during class time. However, water bottles with water are encouraged, especially when it is hot outside. When we study physical health, you will bring water, fruits and vegetables to eat in class (for points).
2. Please remember that if you need to use the restroom, please ask and then you may take the pass hanging by the door. You may not use the pass to visit other classes, wander the halls, go to the gym, use the cell phone, or go to your locker. Be sure to bring what you need to class.
3. ***Wu’s Detention/Referral Policy:***

Detentions are at Mrs. Wu’s discretion, and are usually rare, but do not take advantage of a good situation! You can get a detention for breaking any of the rules. If detentions and parent conferences do not work top curb behavior, you may receive a referral to the counseling office.

**Any serious problems: fighting, name-calling, any form of cheating, and other major discipline problems will skip the procedures of the detention policy and be sent directly to the grade level advisor, with a referral.**

## Methods of Evaluation

*Homework & All Assignments- 50 % of grade*

Class worksheets and homework worksheets will be common. We will also have small assignments and projects that will be a part of this category.

### Quizzes– 20% of grade

These may be multiple choice, true false, matching, fill-in-the blank, and short answer. Each test may be of slightly different format.

### Competency Exam and/or Presentation – 30 % of grade

This will be over everything we have learned about health at the end of the quarter.

**Cheating will not be tolerated, including copying from the workbook, copying from a neighbor, or cut and paste from the internet. Any form of cheating is an immediate referral.**

***Grading Scale:***

A+ = 98 - 100 % C = 75 - 79 %

A = 95 - 97 % C- = 70 - 74 %

A - = 90 - 94 % D = 65 - 69 %

B+ = 88 - 89 % D - = 60 - 64 %

B = 85 - 87 % F = 59 % and below

 B- = 80 - 84 %

**Updated grades will be available online on Mondays. Please make sure you and your parents have access to your grades online. See your grade level advisor if you need to set up an account. Please be responsible for your grade in this class.**

## Classroom Website

**Google Classroom**

Use your e-mail (*first\_last@myabcusd.org*) and password, format will be the student's date of birth format (YYYYMMDD), to access our google classroom page. Please use the following information to sign up for our class communication website.

 Class title: 7th grade

 Group Code: pf4wqy

## Student and Parent Connection

Yes, we have looked over this information and are aware of the rules and academic preparedness for 7th grade Wheel - Health for this quarter! *After you have signed up for Google Classroom, please sign this and return.*

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Student’s Name Student’s Signature

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 Parent’s Signature